

**VACCINE ASSIST PROGRAMME  
BACKGROUND TO POSTER SET 1:  
LET'S PUT A STOP TO COVID-19!  
INTRODUCING VACCINE ASSIST**

**1. What must I know?**

- We can beat COVID-19 if we act together
- Vaccination will help us get back to work
- What is the Vaccine Assist Programme?
- Why has this Programme been developed?
- What does the Programme offer?

**2. How will I explain it?**

- **We can beat COVID-19 if we act together**

The ability to beat COVID-19 is in our power – but only if we ALL follow the preventative measures that we know work:

- a. Get vaccinated
- b. Wear a mask
- c. Practice social distancing
- d. Wash hands often

These preventative measures make it difficult for the COVID-19 virus to spread.

- **Vaccination will help us get back to work**

The more people who take the vaccine and follow all the preventative measures, the sooner we can reach herd immunity. This means the virus will find it very difficult to spread because most people are already protected against it.

If we use all the tools we have, we have the best chance of getting our families, communities, schools and workplaces “back to normal” sooner.

- **What is the Vaccine Assist Programme?**

The Vaccine Assist Programme is brought to you by CareWorks and is sponsored by Old Mutual. It is designed to help you, the employee, understand and stay up-to-date on all the information you need to make good decisions about the COVID-19 vaccination. CareWorks is a healthcare services provider working with Old Mutual to provide COVID-19 services to Old Mutual clients. CareWorks has been helping companies and their employees since 2004 across a wide-range of healthcare needs, including HIV and TB, and chronic lifestyle diseases like Diabetes and Hypertension.

- **Why has the Programme been developed?**

The Programme aims to help you and the organisation you work for be ready for the national vaccination rollout so that as many employees as possible can be vaccinated as soon as they are eligible.

We understand vaccination is a personal choice but also know that there is a lot of misinformation and myth circulating about vaccines. It is really important that people understand the facts, and how important it is for all of us that we use this vital preventative tool in the fight against COVID-19.

- **What does the Programme offer?**

Vaccine Assist consists of three elements: Educate, Advise and Support

1. EDUCATE

We have designed a range of educational material to help you understand vaccines. This material will be made available to you by your employer over time.

2. ADVISE

Our contact centre of trained counsellors and healthcare professionals are available to answer your questions and provide advice about COVID-19 vaccinations

The contact centre is available on weekdays between 08:00 and 17:00 and weekends between 08:00 and 13:00, and can be contacted via WhatsApp on +2782 735 4472.

You can also email us at [oldmutualcovid@careworks.co.za](mailto:oldmutualcovid@careworks.co.za)

3. SUPPORT

Our trained healthcare professionals are here to provide you with post-vaccination support.

#### **4. Summarise what has been learnt:**

- The Vaccine Assist Programme is designed to help you understand and stay up-to-date on all the information you need to make good decisions about the COVID-19 vaccination.
- There is a lot of misinformation and myth circulating about vaccines, so it is really important that people understand the facts, and how important it is for all of us that we use this vital preventative tool in the fight against COVID-19.
- The Vaccine Assist Programme consists of three elements
- EDUCATE: We have designed a range of educational material to help you understand vaccines. This material will be made available to you by your employer over time.
- ADVISE: Our contact centre of trained counsellors and healthcare professionals is available to answer your questions about COVID-19 vaccination.
- SUPPORT: Our trained healthcare professionals are here to provide you with post-vaccination support.
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#### **5. Points to discuss with the group:**

- How do you think the Vaccine Assist Programme will help you?
- Why do you think vaccination is considered so important for fighting COVID-19?